



# Beáta Alföldi

Medicine Woman, International  
Workshop Facilitator & Retreat Leader,  
Speaker, Author and Spiritual Catalyst.

**Beáta is a magnetic, soulful and passionate modern-day medicine woman who holds a compelling stage presence for audiences worldwide.**

From soaring through the heights of performing in London's West End to tragically losing her only son at birth, Beáta shares her profound and enigmatic wisdom with the strength of knowing, the grace of understanding and a playful sense of the magic awaiting all of us.

With a natural gift for storytelling, Beáta is regularly sought-after for interviews, speaking engagements, ceremonies, written contributions and guest workshops. She invites us all to come home to ourselves, to the earth and to our own authentic nature.

**"Beáta is a phenomenal speaker and shares her wisdom with passion, charisma, power and authenticity."**

*Carla Oliveira*





## *About Beáta Alföldi*

**We are in a time of global awakening—awakening to our potential, to ourselves, to our spirituality and to our connection with the totality of life. Beáta Alföldi is a catalyst for this deep transformation. She lights the way for people to experience a sense of power and radiance beyond their story.**

In her work, Beáta holds a mirror for people to see the truth of their own beauty and magnificence. She inspires them to live more authentically, embodied and committed to creating a life that is deeply fulfilling, heart-centred, on purpose and meaningful.

Beáta is considered to be a leader in the field of shamanism, healing, personal development, spirituality, women's empowerment and leadership. She is a noted shamanic practitioner and healer, workshop facilitator, ceremonial leader, speaker and writer. After completing formal training in shamanism and energetic healing in Australia, Beáta had the privilege of travelling extensively, living in many different parts of the world studying with indigenous elders, plant medicines, and teachers from various spiritual and shamanic traditions. She has also trained in mind-body counselling, ecopsychology, soul-centred healing, plant medicines, transpersonal coaching and ceremonial work, and is a full member of the International Energetic Healing Association.

Her ability to move and awaken audiences has given rise to regular interviews, collaborations and speaking engagements around the world. Most recently, Beáta was invited to contribute to two new releases for 2018: the book *Shamanism for the New Millennium*; and a feature-length documentary film *Women of Heart*. This extraordinary film is an intimate exploration of award-winning author, Maureen Murdoch's *The Heroine's Journey*, as it relates to the lives of six women living in Australia in the 21st century.

To learn more or invite a new perspective into the lives of your audience, please visit: **[www.beataalfoldi.com](http://www.beataalfoldi.com)**.



12K



13.7K

## SIGNATURE TALK

# *The Gifts of Transcendence: Moving beyond your story*

**Who are you left with when everything you have identified with falls away? In the darkness, when the ego is completely shattered, we finally begin to see the truth of the power we hold. Where does our heart break and what are we here to do?**

In this potent and thought-provoking talk, Beáta Alföldi brings her dynamic stage presence to explore life at a deeper, more profound level. She identifies how to overcome the limitations of 'identity' and step into the magnificence and embodied brilliance of your absolute truth.

With the potency and grace of embodied wisdom and genuine humility, Beáta guides the audience beneath the layers of the stories each person can relate to. Within two weeks of



her son's death, her mother was diagnosed with terminal cancer. She lost her family, her marriage, her home and her income. The way Beáta navigated these profound challenges to rebuild her life has led to a deep sense of self-love, fearlessness and gratitude, which is today reflected back to her in every area of her life.

*To book Beáta for your next event, retreat, conference or ceremony, please contact: [theoffice@theglobalwomangroup.com](mailto:theoffice@theglobalwomangroup.com)*

## *Speaking Topics*

Beáta's deep knowledge, dynamic energy, charisma and warmth have led to her becoming a much sought-after speaker, presenter, host and MC. Customise her talk to suit your audience with this beautiful selection of speaking topics or connect with her for more ideas.

### **Embodied Leadership: Love in Action**

- Empowered & Fearless – The Path of the Wise Woman
- The Divine Feminine – A Force for Change
- Rising Strong – Embodied Action

### **Shamanism: The Path of Direct Revelation**

- Birth, Death and Life – A Journey of Awakening
- Coming Home – Reconnecting to Your Truth
- Your Elemental Potential – How to Create a Life of Wonder

### **Self-Awareness: The Key to an Emotionally Fulfilling Life**

- Womb Wisdom – Reclaiming Your Power
- Personal Integrity – Create a Life Aligned With Your Values
- Your Soul Purpose – Activate Your Deepest Potential

# Shamanic Experiences

Along with facilitating and co-facilitating shamanic retreats and workshops around the world including Australia, Bali, Mexico, Peru, Costa Rica, London, and at the Everness Festival in Hungary, Beáta has two annual programs for women.

## Purpose, Power and Magic

The 9-month transformational mentorship where women learn, understand, explore and embody core-shamanic practices to assist them in transforming their lives.

## Journey of Initiation

A Shamanic Women's Retreat, a 7-day retreat in beautiful Ubud, Bali, where women have a sacred space to retreat, reflect and create a life of depth, meaning, connection, freedom and authenticity.



Beáta also runs **The Healing Space, Bondi Junction**—which is the first complementary therapy centre of its kind in Sydney's eastern suburbs—and conducts shamanic healing and soul purpose sessions in person or via Skype.

Deep in her own creative process, Beata will be sharing her wisdom in her extraordinary upcoming book. To be notified when it is available for purchase, please join the waitlist at [www.beataalfoldi.com](http://www.beataalfoldi.com).

"Beáta's ceremony at the Eclipse Festival was like no other experience I have ever known. She is an amazing facilitator, ceremonial leader, teacher and medicine woman. I admire her work and the way she walks her path in life with such courage, determination and awareness. I've had the most beautiful, amazing time."

*Joanne*

"Beáta is like a beautiful ray of sunshine beaming her love down onto the earth, warming the hearts of everyone she meets. It was divine guidance that led Soul Sister Circle to discover this powerhouse of compassion, wisdom, support and love, and boy-oh-boy, are we grateful for the many blessings that she has brought to our community."

*Rebecca Van Leeuwen*

"Beata's work is of a divine order! As a holder of ceremonial space, transformation and 'women's medicine', she brings strength of character and a deep presence that is both rare and unique. I look forward to further journeys in the crucible created by this amazing woman."

*Odette Gibbs*





Beáta Alföldi

[www.beataalfoldi.com](http://www.beataalfoldi.com)



AUSTRALIAN  
**yoga**  
JOURNAL



PATTY & KIKOS



she  
makes  
magic

LISA  
Fitzpatrick



SUBSONIC MUSIC

VEGIEHEAD  
Plant based food, made with love!